#### **CURRICULUM VITAE**

# PAMELA B. KAWANO, PSY.D.

Somerset Psychological Group, PA 792 Chimney Rock Road, Suite C Martinsville, New Jersey 08836 Phone: (908) 333-4646 Ext. 115 Fax: (908) 722-5060 pkawano@somersetpsych.com www.somersetpsych.com

### **EDUCATION**

Psy.D. Clinical Psychology, American School of Professional Psychology, Argosy University, 2014 (APA approved)

M.S., Clinical Psychology, Graduate School of Psychology, California Lutheran University, 2006

B.S., Criminal Justice, California Lutheran University, 2004

# PROFESSIONAL CREDENTIALS

New Jersey Licensed Psychologist (#35SI00580600) New York Licensed Psychologist (#021945)

## **EXPERIENCE**

November 2024—Present

Clinical and Forensic Psychologist. Somerset Psychological Group, P.A., Somerville, NJ. Deliver individual and group therapy for children, adolescents, and their families, as well as adults, within a group private practice. Perform psychological assessments for children, adolescents, and adults.

November 2024—Present

Clinical Psychologist. University Hospital of Newark, Trauma Recovery Center (TRC), Newark, NJ. Provide trauma-informed assessment, psychotherapy, and assertive case management services to survivors of violent crime. Deliver clinical oversight,

consultation, and training staff and trainees on trauma-informed, evidence-based interventions.

March 2020-November 2024

Clinical Psychologist. Emerge Behavioral Health, Mount Laurel, NJ. Delivered therapeutic services to adolescents, adults, and their families within a group private practice. Performed psychological evaluations to assess fitness for duty and disability.

January 2024—June 2024

Bilingual Forensic Psychologist. Center for Family Guidance Center (CFG) and New Jersey Training School for Boys, Juvenile Justice Commission, Monroe Township, NJ. During the transition from Rutgers University Health Care to the Center for Family Guidance Center, clinical and administrative responsibilities were addressed amid staffing shortages. Managed the Mental Health Special Needs Roster, ensuring oversight of an estimated 70 to 90 residents, while fulfilling various administrative duties and training incoming clinicians. Acted as the on-call psychologist for secure care and residential programs, conducting psychological intakes and evaluations, and delivering individual psychotherapy and crisis intervention in both English and Spanish. Collaborated within a multidisciplinary treatment team, which included officers, medical personnel, psychiatry, social work, and administration, while participating in supervisory and department head meetings.

November 2014—June 2024

Bilingual Forensic Psychologist. Rutgers University Correctional Health Care (UCHC) and New Jersey Training School for Boys, Juvenile Justice Commission, Monroe Township, NJ. Delivered individual and family therapy in English and Spanish. Functioned as an on-call psychologist for secure care and residential programs, conducting psychological intakes and evaluations. Offered individual psychotherapy and crisis intervention in both languages. Collaborated with a multidisciplinary treatment team comprising officers, medical personnel, psychiatry, social work, and administration. Participated in meetings with department heads and supervisors.

August 2020-November 2020

Clinical Psychologist-Domestic Violence Evaluator. Rutgers University Correctional Health Care (UCHC), NJ. Conducted psychological evaluations on correctional officers referred by NJDOC. Administered and interpreted objective measures, including the Personality Assessment Inventory. Determined suitability for the restoration of firearms.

Assistant Director-Case Manager. Van Nuys Hollywood Community Hospital, Van Nuys, CA. Conducted leadership responsibilities. Delivered case coordination services to outpatient populations aged 18 to 75 years. Facilitated individual and group psychotherapy sessions, addressing topics such as anger management, relaxation techniques, transitional living skills, substance abuse, and medication management. Employed crisis management and conflict resolution strategies. Oversaw a caseload of 15 to 25 patients, assessing the appropriate level of care and service utilization. Supported billing and financial operations for the outpatient facility and conducted psychological assessments. Collaborated within a multidisciplinary team.

January 2006-May 2008

Inpatient Rehabilitation Therapist. Van Nuys Hollywood Community Hospital, Van Nuys, CA. Delivered individual psychotherapy for clients ranging from 18 to 75 years old. Managed various crisis situations and conducted daily psychological assessments during patient admissions. Led group therapy sessions four times a week, focusing on processing, recreational therapy, relaxation techniques, anger management, dual diagnosis treatment, music therapy, and art therapy. Developed comprehensive treatment and discharge plans while collaborating with a multidisciplinary team that included physicians, psychiatrists, nurses, psychologists, social workers, and administrative personnel.

August 2006-January 2008

Bilingual Mental Health Counselor. San Fernando Mental Health Community Center-Erikson Center, Van Nuys, CA. Delivered individual and family psychotherapy to court-mandated juveniles aged 10 to 17 in both English and Spanish. Implemented crisis intervention and de-escalation strategies, and provided in-home psychotherapy services to high-risk populations. Led group psychotherapy sessions twice a week.

## INTERNSHIP POSITIONS

September 2013 – September 2014

## Pre-doctoral Psychology Intern.

Rutgers University Behavioral HealthCare, The State University of New Jersey, Piscataway, NJ. (APA Accredited Internship)

**Major Rotation:** New Jersey Training School for Boys, Juvenile Justice Commission, Monroe Township, NJ.

**Minor Rotation:** Study Clinician for Department of Psychiatry Guided Cognitive-Behavioral Self-Help Treatment for Depression in Parkinson's disease: A Pilot Study.

August 2012-July 2013

Extern Clinician-Latino/Oncology/Pediatric Psychology Rotation. Children's Hospital of Orange County, Orange County, CA. Delivered individual and family psychotherapy in Spanish and performed weekly psychological intakes and screenings for patients within the Oncology Department. Collaborated with a multidisciplinary team, which included oncologists, nursing staff, psychiatrists, case managers, and members of the Oncology Psychosocial Team, providing consultation services. Reviewed patients' medical records and school reports as part of the evaluation process. Engaged in weekly group and individual supervision and training sessions for CHiSPA in Spanish. Participated in biweekly Behavioral Sciences didactics and psychosocial rounds at the Children's Center for Cancer, attending discussions on various diseases, medical team meetings, and educational conferences at the medical center. Contributed to research aimed at enhancing communication among medical staff, particularly nursing, to improve care for pediatric patients and their families.

August 2011- August 2012

Extern Clinician. Orange County Juvenile Probation Department, Youth Reporting Center. Provided individual, family, and group psychotherapy—including psychoeducation, substance abuse treatment, anger management, and transitional life skills—to court-mandated juvenile offenders aged 12 to 18. Delivered services in Spanish to monolingual Spanish-speaking families. Conducted crisis intervention and conflict resolution strategies for at-risk youths. Collaborated within an interdisciplinary team that included clinicians, psychiatrists, probation officers, courts, teachers, juvenile clients, and legal guardians. Administered, scored, and interpreted various psychometric tests, including cognitive, objective, and personality assessments.

#### RESEARCH

September 2013-September 2014

Rutgers University Behavioral HealthCare, Department of Psychiatry Guided Cognitive-Behavioral Self-Help Treatment for Depression in Parkinson's disease: A Pilot Study

August 2012-July 2013

Children's Hospital of Orange County. Exploring the View: Evaluation of a Communication Training Program for Bedside Nursing Staff (Pilot Study).

September 2011-May 2014

**Doctoral Dissertation:** The Impact of the Juvenile Justice System on Beginning Therapists.

August 2004-May 2006

Master's Thesis: Psychological Effects of Domestic Violence on Children.

# **PRESENTATIONS**

Kawano, P. (May, 2014). <u>Treatment of Multiracial Populations at Rutgers University Behavioral Health Care.</u> Didactics presentation for doctoral students at Rutgers University.

Kawano, P. & Vander Dussen, K. (December, 2012). <u>Psychotherapy Case Study Presentation</u>. Grand Rounds at American School of Professional Psychology.

Kawano, P. (November, 2012). <u>Treatment of Multiracial Populations at Rutgers University Behavioral Health Care.</u> Grand Rounds at Children's Hospital of Orange County.

Kawano, P. (June, 2012). <u>Assessment and treatment of Japanese</u>, <u>Latinos</u>, <u>and Native American populations</u>. Presentation at View Heights Convalescent Hospital.

# PROFESSIONAL AFFILIATIONS

American Psychological Association Latino Mental Health Association of New Jersey